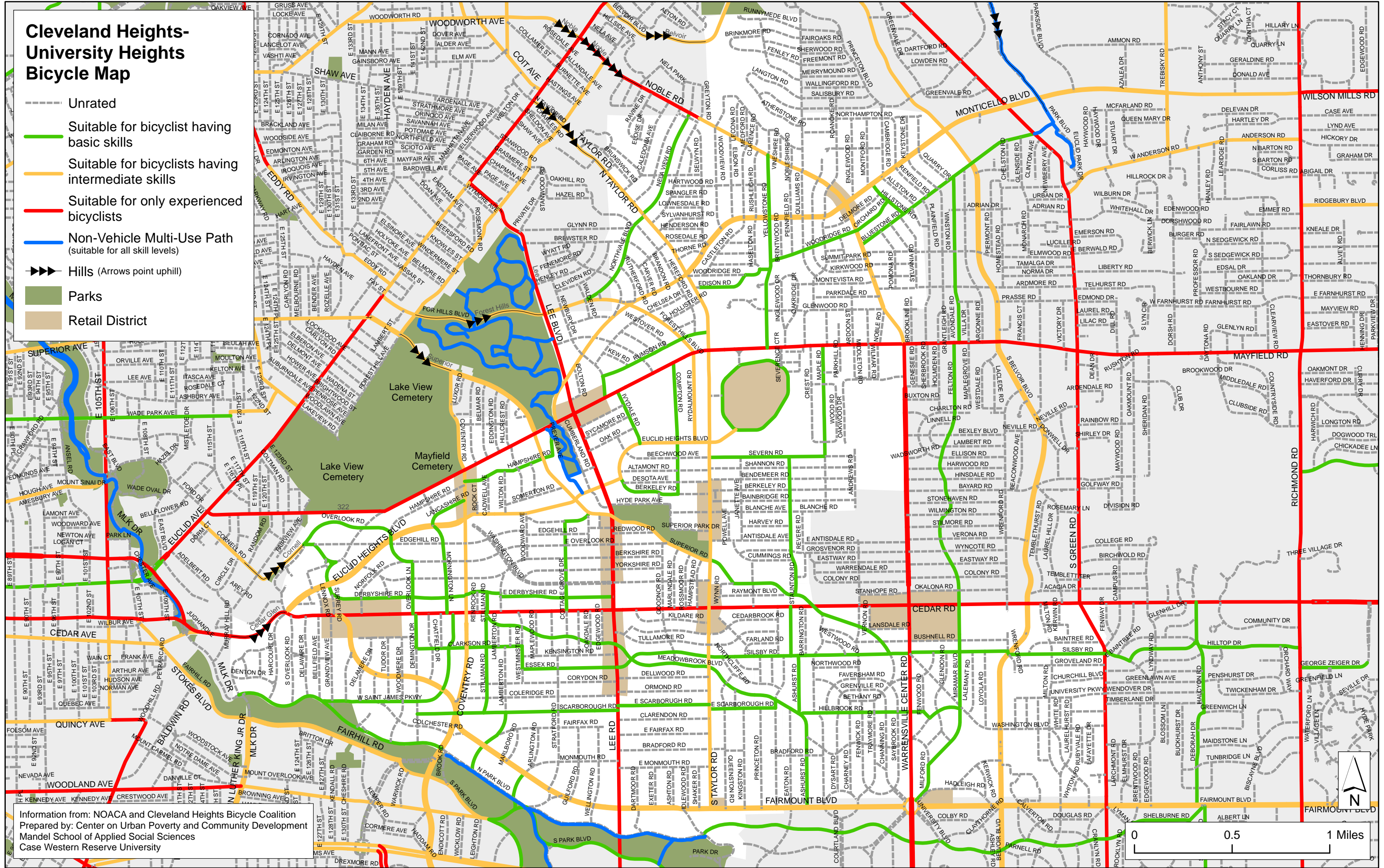
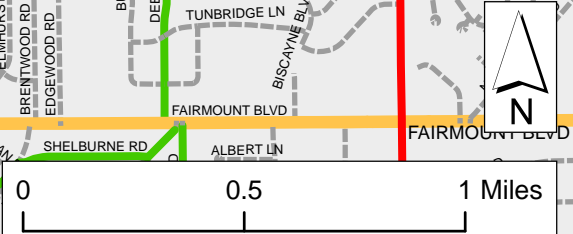


Cleveland Heights-University Heights Bicycle Map

- Unrated
- Suitable for bicyclist having basic skills
- Suitable for bicyclists having intermediate skills
- Suitable for only experienced bicyclists
- Non-Vehicle Multi-Use Path (suitable for all skill levels)
- Hills (Arrows point uphill)
- Parks
- Retail District



Information from: NOACA and Cleveland Heights Bicycle Coalition
 Prepared by: Center on Urban Poverty and Community Development
 Mandel School of Applied Social Sciences
 Case Western Reserve University



How to use this Map

Think like a cyclist, not a motorist. Look for bike routes that take you to your destination. When planning to use your bike for transportation, do not assume that you will use the same route for your bike trips that you would use for your car trips. Bike routes are less direct and more scenic. This map assists you to find the routes through Cleveland Heights and University Heights that fit your skills. It also helps to remember some important safety concerns:

- Same Road, Same Rules: according to the Ohio Revised Code, bicycles are considered vehicles and for the most part must adhere to the same laws as motor vehicles (see "Helpful Links").
- When riding in a narrow lane, stay far enough away from the right edge to discourage vehicles from passing dangerously close in the same lane.
- When riding past parked cars, stay wide of the door zone to prevent being hit by a car door.
- Be aware of challenging road surfaces, especially water, potholes and sand, that are hazardous when turning.
- Be predictable, do not weave in/out and in general try not to surprise drivers. Always signal.
- Use a light when driving at night. It is required by community ordinance.

Benefits of Cycling

Cycling as a Health Benefit

- Cycling is one of the easiest ways to enjoy exercise as part of everyday life - short bike commutes to school, the grocery store, restaurants or the theater.
- Regular cycling enhances aerobic endurance without spending time and money at the gym.
- Biking involves the entire body and can help to control weight and build a healthy heart.
- Start slowly, this is not a race.
- You will arrive at your destination, mentally refreshed and physically strong.

Cycling as Community and Environmental Benefit

- Bicycle travel decreases air and noise pollution.
- Communities with more cyclists have less congested roads, ultimately saving tax dollars and preserving the environment
- Cleveland Heights and University Heights boast many beautiful roads that are perfect for short bike trips.
- Even in cold weather, dress warm and enjoy being outside, seeing your neighbors and getting exercise.

Further Information

Helpful Links

<http://bikesintheheights.org/>
<http://www.noaca.org/>
<http://www.sustainableheightsnetwork.net/>
<http://bicyclesafe.com/>
<http://www.bikexpert.com/streetsmarts/> For a digest of the bicycle laws, see <http://www.ohiobike.org/bicycle-law-digest.html>

Bicycle Shops

Cain Park Bike Shop 1904 Lee Road (216) 320-0209 cainparkbicycle.com	Cycle Sport and Fitness 2184 South Taylor Road 216-321-4977 cyclesportandfitness.com
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No warranty is made or intended as to the safety or fitness of the roads, streets or bike ways for bicycle travel. These are merely suggestions and require the exercise of caution by an individual. Ohio counties, cities, elected officials, employees and Cleveland Heights Bicycle coalition officials disclaim responsibility and shall not be liable in any manner for loss, damage or injury occasioned by bicyclists who travel along the roads, streets and bike ways on this map.

Think like a cyclist
not like a motorist!



Bicycle map
Your Cleveland Heights-
University Heights

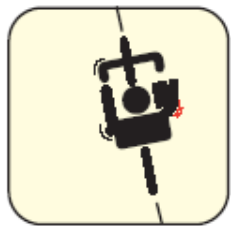
Safety tips at a glance



OBEY TRAFFIC SIGNS AND SIGNALS



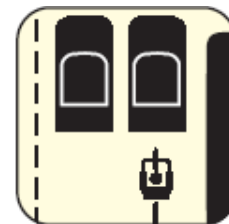
DON'T PASS ON THE RIGHT



KEEP BOTH HANDS READY TO BREAK



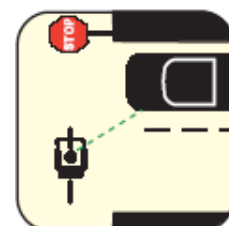
RIDE IN MIDDLE OF LANE IN SLOW TRAFFIC



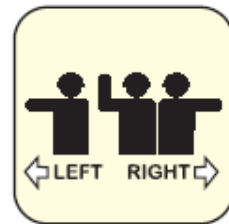
NEVER RIDE AGAINST TRAFFIC



FOLLOW LANE MARKINGS



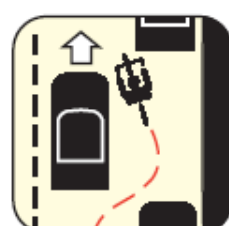
MAKE EYE CONTACT WITH DRIVERS



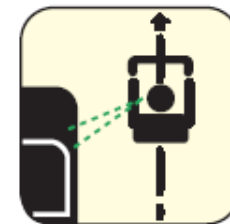
HAND SIGNALS



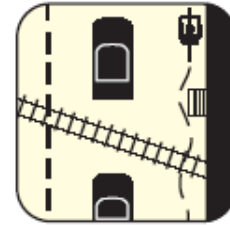
CHOOSE THE BEST WAY TO TURN LEFT



DON'T WEAVE BETWEEN PARKED CARS



SCAN THE ROAD BEHIND



AVOID ROAD HAZARDS



KEEP BIKE IN GOOD REPAIR



USE LIGHTS AT NIGHT



DRESS APPROPRIATELY



NEVER RIDE WITH HEADPHONES & ALWAYS WEAR HELMET

About This Map

The core of this map information came from the Northeast Ohio Area-wide coordinating Agency (NOACA) Cuyahoga County Bicycle Transportation Map. NOACA generously gave the Cleveland Heights Bicycle Coalition the map file and a subcommittee of the CHBC added more detail to the map to create a Cleveland Heights-University Heights Bicycle Transportation Map.

The CHBC wishes to thank NOACA for their leadership in bicycle transportation planning and for the use of the map file. Thank you also to April Hirsch for preparing the map and to Sustainable Heights Network for their support, encouragement and the financial contribution to have this map printed. Furthermore, the No Impact Week 2011 was the catalyst for the creation of the map.

The Cleveland Heights Bicycle Coalition, October 2011
 216-BIKE-FIX (245-3349) or
info@bikesintheheights.org

